**Foot Care:** Please see nurse for Foot Care providers. This will be billed directly to you or your family.

Medications: All medications must be submitted to the Health Care Staff upon admission and may not be kept in your own room. The Health Care Staff will ensure that prescriptions are filled from our Pharmacy (College Avenue Drugs) and administered as ordered by your physician. Our Pharmacist is Jack Mullock.

**Laundry:** All personal clothing and laundering is the responsibility of the family. Soiled laundry must be kept in the laundry bag. If you do not have anyone to do your laundry, speak to the nurse. Any damage that may occur is at your own risk and therefore not reimbursable.

**Bathing:** We provide tub baths weekly and daily bed baths are provided. Additional tub bath may be arranged.

**Personal Effects:** The RWGH and its staff cannot be responsible for personal effects, money or valuables that are kept in your room. It is your responsibility to obtain insurance on personal belongings if you so choose. This includes glasses, hearing aides, dentures and prosthesis.

**Mail Services:** a member of the staff will deliver your mail to your room. Staff or volunteers will assist with letter writing when available. Letters may be mailed from the reception desk during office hours.

**Beauty Parlor / Salon:** This is located between the Hunt Wing and Balfour Wing on the North hallway. Appointments can be made for hair care either with the hairdresser or the Health Care Staff. Price lists are available from the Hairdresser.

**Newspaper:** There is a daily newspaper (Leader Post), available in the family room to read. After using, please return to family room for others to use.

**Transportation:** Regina City Transit stops in front of the William Booth Special Care Home regularly. The Paratransit Bus is available for those who qualify for registration. Regina also has various Wheelchair Taxi transportation services. Please talk to a nurse regarding outings you would require transportation for and she can help you with your selection.

# **SAFETY**

In the interest of safety, administration reserves the right to inspect rooms and make any changes should a safety issue arise.

Humidifiers, heating pads/packs/blankets are not allowed at the home. Any electrical equipment must be checked by maintenance prior to use.

## TV

Cable is provided in each room. There is no charge for this service. Each TV has access to a DVD and VHS player.

# **TUCK SHOP**

A Tuck Shop is available for your convenience. Weekdays: 12:45 – 13:00 P.M.

## **ROOM**

Pictures & calendars may be hung on the spaces available on the wall. The Maintenance Personnel can provide assistance for you. If you would like to bring personal effects, such as a chair please inform staff prior to bringing it to the hospice.

# **Refreshments:**

Available in client rooms and dining room from caregiver. Please let your caregiver know what you would like for a snack and we will have this arranged on an individual basis.

# Refrigerators

Each room has a small refrigerator which can be used to store refreshments such as pop etc. All food items must be labeled showing the resident name/room number, contents and the date placed in refrigerator. Food items may be kept in the refrigerator for a period of three days following which they will be removed by health care staff.

#### **VISITORS**

# Visiting Hours of the Hospice are 9AM – 9PM.

- ♦ Outside of regular visiting hours the outside door will be locked. Visitors will have to use the doorbell / income system to gain access to the Unit.
- ♦ Maximum 6 visitors per resident / at any one time may visit the Hospice (unless we have called the family or prior arrangement has been made).
- ♦ One person will be permitted to stay overnight / per resident (unless we have called the family or prior arrangement has been made).
- ♦ We encourage visitors to make arrangements with Hospice nurse if visiting outside of regular hours.
- ◆ After 9 PM only those visitors who have made prior arrangements will be permitted access to the Unit.

# (see Visitor Brochure for more details)

A private visiting area may be arranged if requested. All Children 12yrs and under must be supervised by parents while visiting at the Hospice. Pets are also welcome to visit. We ask Visitors to respect the rights of other residents at all times. After 6 P.M. the front door of the Hospice will be locked. Please ring buzzer.

# **Programs available:**

The Hospice offers individualized and varied activities. We invite you to join in the recreation programs of the Home. You will find the daily activities listed on the bulletin board in your room. There are also special events specifically for the Hospice, such as Weekly Teas on Thursday at 2 PM. All family and friends of Hospice residents are welcome to join you.

## **MEALS**

Meals are served in your room but a dining area is available to you and your family, if preferred. Special diets /special requests are always available. Should you desire to have a late breakfast, tray service is available. Resident food preferences are also considered. A menu alternative is available for dinner and supper meals. Menus are on a five week rotation and these are posted daily on bulletin boards.

# **Meal Hours:**

Breakfast Relaxed times
Dinner 12:00 P.M.
Supper 5:00 P.M.

**Guests:** Guests are welcome to join you for meals. A charge of \$6.00 for dinner (noon) and \$5.00 for supper will be made for each visitor's meal.

We ask that a minimum of two hours notice be given prior to the requested meal and that the number of guests be limited. We cannot cater to large groups.

Please inform the nurse if you are interested.

Complimentary beverages and snacks are available to visitors in the lounge. We would ask that these snacks be consumed on the premises.

# Trips away from the Hospice

If you desire to visit friends or relatives away from the Hospice the Health Care staff must be notified. There is a log book to sign at the nursing unit when you are leaving the home. Individualized excursions away from the Hospice may be available. Inform the Nurse if you are interested in such an event. We can arrange for transportation and volunteer assistance.

#### **TELEPHONE**

There is a telephone available to you in each room. There is no cost for the use of the phone. Long distance calls can only be made using either a personal calling card or we have calling cards at the desk available for purchase.

# WIFI

WIFI is available throughout WBSCH/RWGH. Please speak to your caregiver for the password.

# MISSION STATEMENT Territorial Headquarters

The Salvation Army, as an international movement, is an evangelical branch of the Christian Church.

Its message is based on the Bible;

**Its ministry** is motivated by the love for God and a practical concern for the needs of humanity.

Its mission is to preach the Gospel of Jesus Christ, supply basic human needs, provide personal counseling and undertake the spiritual and moral regeneration and physical rehabilitation of all persons in need who come within its sphere and influence regardless of race, color, creed, sex, or age.

## **ADMISSION**

When you arrive at the Regina Wascana Grace Hospice, a room will be assigned to you. The room comes fully furnished with a bed, night table, easy chair, TV, DVD, small refrigerator, stereo, lamps and a sofa table to display special items on. You are encouraged to furnish the rest of the room as you wish. We ask that in making this room your home you keep in mind that the Housekeeping staff should be able to clean it efficiently and Health Care staff need enough room in which to work safely. Pictures may be hung on the Family wall, to make it like your home. There is also provision for a door decoration.

# FIRE SAFETY

Monthly fire drills are held for staff education purposes. You should await instructions from staff during these drills.

# **ENTERTAINMENT**

Facilities are available for family gatherings subject to approval by Administration. Smoking and alcoholic beverages are not permitted.

# SMOKE AND ALCOHOL FREE ENVIRONMENT

In keeping with the Mission of The Salvation Army, and for the health and safety of all, the William Booth Special Care Home is a Smoke-free and Alcohol-free environment. Smoking is prohibited on the grounds of the facility. Clients will be assessed to determine ability to safely mobilize independently off the property. If unable to safely mobilize independently, client must be accompanied by family member / visitor when exiting building to smoke off the property. For fire safety, smoking materials must be kept at the nursing station.

# Welcome

We would like to welcome you to Regina Wascana Grace Hospice (RWGH). We wish to make known to you some of the aspects of the Home and the guidelines which will assist you in becoming part of the family.

You will find caring people who will try to assist you in any way possible to make your stay at the hospice as enjoyable and comfortable, as it can possibly be. We want the Hospice to be your home, away from home!



Residents First / Safety Always / Mission Central

# Regina Wascana Grace Hospice

The Salvation Army William Booth Special Care Home desires to provide comprehensive services for the spiritual, physical, emotional, psychological and social well being of the individual.

The Regina Wascana Grace Hospice, in cooperation with the Saskatchewan Health Authority (SHA) / Palliative Care Services Program, is committed to providing holistic care for people requiring Palliative Care. The holistic care approach is facilitated through an Interdisciplinary Team approach that is "Resident Focused" valuing family and community input. All services provided by the Palliative Care Program prior to admission will continue to be offered at the RWGH.

We seek to provide this service embodied in Christian principles, values and ethics.

## **FAMILY MEMBERS**

Family members are a vital part of the Home. They bring to us many abilities. If family members desire to become part of the activities of the Home they are welcome to attend. If they are interested in volunteering please see the Recreation Coordinator or call 543-0655.

# **CHAPLAINCY SERVICES**

For the spiritual well being of our residents, the WBSCH /Hospice has a Chaplain on site for your convenience and support.

Chapel services are held Monday to Friday at 9:15-9:45 A.M. Sunday 9:45-10:15 A.M. All residents are invited to attend the Home's chapel services. This provides a time of fellowship and worship

Priests and Pastors are encouraged to visit, and also conduct Church services. Arrangements for services can be made with the Chaplain or Recreational Coordinator.

# **CONTACT NUMBERS:**

Executive Director: Wayne McDonough /564-6202

Director of Care: Connie Fuessel / 564-6216 Director of Operations: Jenna Wiesner / 564-6216

Jan 2024



2925 Reilly Ave / Regina SK. 543-0655 / Switchboard 564-6213 / Unit Phone Number



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